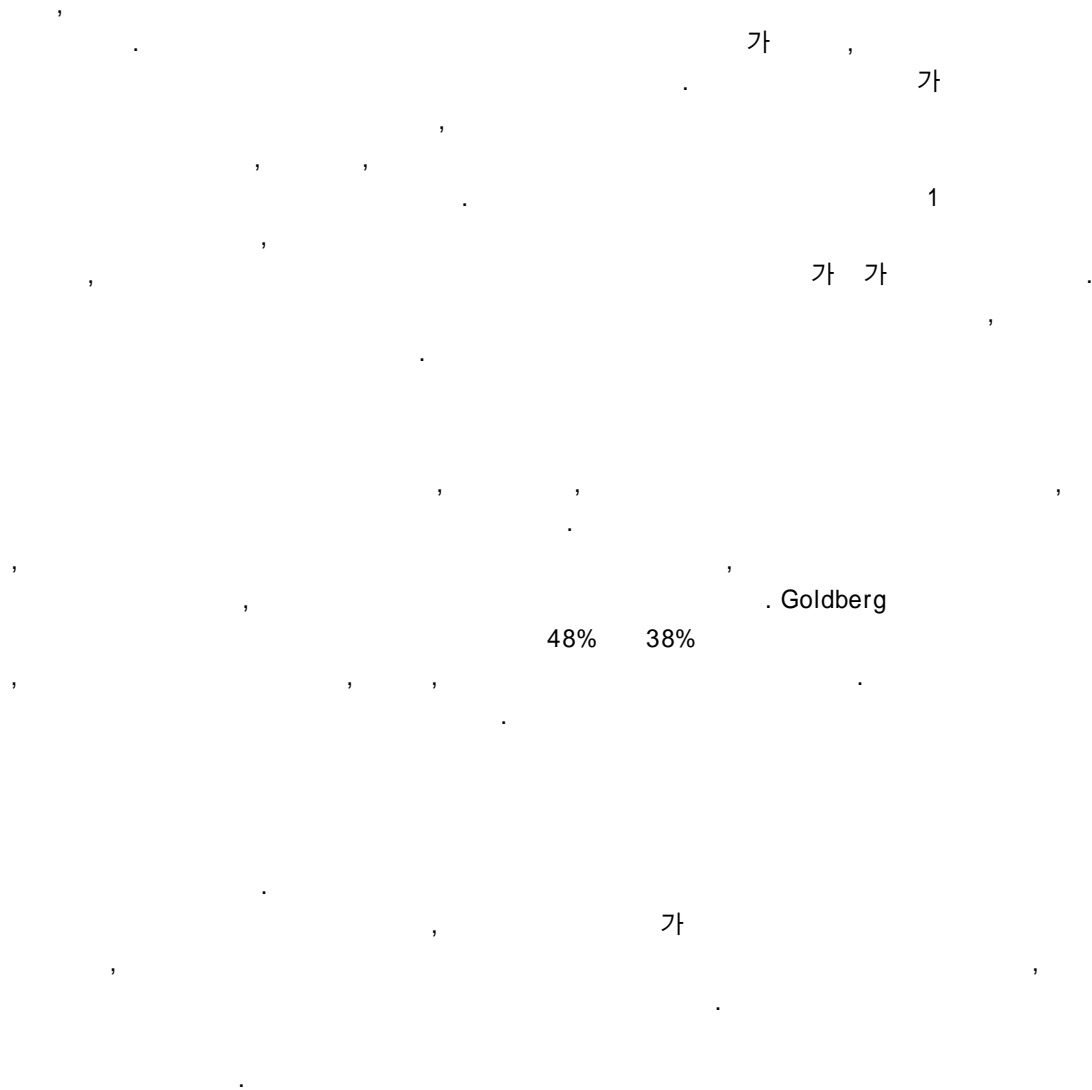


Posttraumatic stiffness

가



가.

가 . 가 , 가 가
 . Quin hydrocortisone
 가 , , ,
 (, , ,) . 5 , 5
 . 6

가
 , , 7% 가 가 , 가
 가 가 가 .

1979 Conti

1980 Wiley가

Bennett

vascular papillary infolding

1)

(popping sound)

가 60 , 90 “ ”
 가 , 90 가

. Bennett
 , 가,
 , 가
 , 가 .1
 .2
 , 가
 , 1 cm
 3
 . 가
 가 . Harryman

2)
 1 mL betamethasone 10 mL bupivacaine 가
 (patient controlled analgesia: PCA) Cryocuff(r)(Aircast; Summit, NJ, USA)
 , 2
 , CPM 가
 10 15 4 5 .4 6 가
 3 가

. Conjoined tendon
 20 Z-
 6 8
 . Holloway Ogilvie-Harris 가
 . Ide 30 , 7 , 4 3
 7.5 91% , 30 1 7
 2 , 29%, 86%

Nicholson 68	17 3	20 45	15 11	8 18%(6/33)	8 18%(2/11)
	Gerber				
Holloway 가	33 가	6 가	11 가	18%(6/33) 가	18%(2/11) 3가
Warner 11	26 11	2 가	8 가	5 가	18 가

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