



# Abstract

## Study on Visible Diagnosis

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This study was written in order to help understanding of visible diagnosis. Visible diagnosis consists of spirit, appearance, Qi and color and movement. The purpose of each visible diagnosis is that we know states of essence, Qi and spirit.

### 1. Spirit

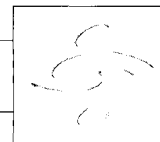
Spirit is a very important factor and a first step of visible diagnosis. It is closely connected with appearance, so is revealed by appearance. If we make a visible diagnosis of spirit, we know the patient's the status of Qi and the relative seriousness of an illness. Spirit was understood by appearances and movements of the patients, and influenced by the four seasons, lands, human's relationships and age.

Visible diagnosis of spirit is practiced by the observation movements, appearances, languages, voices, mental condition, color, eyes, etc. By visible diagnosis of spirit, we can conclude the existence or nonexistence of spirit, discriminate true spirit from false spirit, and diagnose mental diseases. When we compare spirit with appearance, we can decide on a good or a bad prognosis.

### 2. Appearance

Appearance is a very important factor and a second step of visible diagnosis. It is closely connected with spirit, so is the house of spirit. If we make a visible diagnosis of appearance, we know the status of Qi and the relative seriousness of an illness.

Spirit is understood by the appearances and movements of the patient, and influenced by weather, lands, human's relationships and age. By visible diagnosis of appearance, we can conclude existence or nonexistence of spirit. When we compare spirit with appearance,



we can decide on a good or bad prognosis.

One man's own appearance is determined by the five human types. There are many various points of changing forms. When divided into principal groups, there are three main groups, that is, Sky, Earth and Man. Age and sex belong to the factor of Sky, a direction and configuration of the ground belong to the factor of Earth, the five human types and white corpulence and black thinness belong to the factor of Man.

### 3. Qi and Color

Qi and color is a very important factor and a necessary step of visible diagnosis. As a human's body is under the control of spirit and spirit is stored by five viscera, so spirit expresses the change of five viscera and is reflected by Qi and color.

Strictly speaking, Qi and color is not factored into each other. But, we can say that shiny rosy appearance belongs to Qi and five color (blue, red, yellow, white and black). Various changes of Qi and color observe the rules of yinyang. If we consider the interior and exterior, top and bottom, right and left, rise and fall, clearness and muddiness, weak and severe, spread and gather, gloss and dryness etc. We can decide yin and yang, inside and outside, coldness and heat, truth and false, life and death in the prognosis.

One man's own color is determined by the five human type. There are many various points of changing colors. When divided into principal groups, there are three main groups, that is, Sky, Earth and Man. A season, day and night, cloud and clear belong to the factor of Sky, a direction and configuration of the ground belong to the factor of Earth, and motion and rest, seven emotions, age and youth, poor and rich, highness and lowness belong to the factor of Man.

### 4. Movement

Movement is a last step of visible diagnosis. As spirit controls Qi and appearance, we can know state of illness through human's movement.