

## Effects of *Sasa coreana*, Nakai on the lipid composition of serum in high cholesterol diet rats

Jong-Ok Park and Kyung-soon Kim<sup>1</sup>

Department of Chemistry Kyungsoong University, 608-736, Busan, Korea

Department of Chemistry Myung Ji University, 449-128, Yongin, Korea<sup>1</sup>

Tel: 82-051-620-4633, Fax: 82-051-628-4628

Tel: 82-335-330-6183, Fax: 82-335-335-7248<sup>1</sup>

### Abstract

This project was designed to experiment the effects of *Sasa coreana* Nakai extracts on the improvement of lipids in the serum of cholesterol supplemented diet induced dietary hyperlipidemic rats fed for 5 weeks. The experiment diet was mixed with 0.75% cholesterol. No significance differences in efficiency of food on liver, kidney and heart weight. Concentration of total cholesterol and LDL cholesterol in serum was 18.5~23.7% and 13.3~18.6% lower in the methanol extracts of *sasa coreana* Nakai that of the cholesterol supplemented diet group. In the ratio of HDL-cholesterol concentration to total cholesterol concentration, the methanol extracts of *sasa coreana* Nakai administration group was approximately 60% higher than the other groups. Concentration of phospholipid in serum was more decreased in the methanol extracts of *sasa coreana* Nakai group than that of the cholesterol diet group. From these results, the methanol extracts of *Sasa coreana* Nakai were effective on the improvement of the lipid compositions in the serum of high fat diet induced dietary hyperlipidemic rats.

Key words : *Sasa coreana*, *Nakai*, cholesterol diet rats

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