

# Multilevel Models

**Yongdai Kim**

*Seoul National University, Korea*

## 0. Outline

1. Introduction
2. Multilevel analysis with Linear model
3. Multilevel analysis with Generalized linear model
4. Multilevel linear model vs multilevel GLM

## 1. Introduction

- What are “Multilevel Models”?
  - Multilevel models are statistical models for data displaying hierarchical structures.
  - Example of hierarchical structures
    - \* Nation → Region → County
    - \* Village → Household → Individual
    - \* Level 3 → Level 2 → Level 1

### Example 1: Testis cancer mortality in the European country

- The data set consists of testis cancer mortality for males of all ages between 1971 and 1980 in 9 European countries.
- There are three levels
  - Level 1: county
  - Level 2: Region
  - Level 3: Country
- The objective of the study is to investigate the distribution of testis cancer mortality in relation to income and urban-rural status.

Example 2: Sleep pattern vs Cough (Repeated measures)

- Response variable: the percentage of the night spent awake.
- Explanatory variable: the total number of cough recorded during the night.
- 39 children were assessed on a number of nights varying from four to six.
- There are two levels:
  - Level 1: each night
  - Level 2: children

Example 3: UNICEF water sanitation intervention study  
(Cluster randomization)

- There are three levels:
  - Level 1: the number of diarrhea on every 2 months
  - Level 2: Children
  - Level 3: Village

### Strengths of Multilevel Models

- Explicitly account for the interdependence of clustered units (where clustering may be spatial or temporal).
- Allow for the modeling of both average (fixed) effects and individual (random) effects.
- Facilitate thinking about and modeling context x person interactions.
- Permit inferences to be drawn to broader populations

### Aim of the talk

- The aim of this talk is to review statistical models and inferential methods for multilevel data.
- First, statistical methodologies based on the linear models (i.e. continuous data) are reviewed,
- and methods based on generalized linear models (i.e. binary or count data) are discussed.
- In particular, differences and difficulties of multilevel models based on the GLM compared to linear multilevel models are explained.

## 2. Multilevel analysis with linear models

- Consider the Sleep pattern vs Cough (SPC) data set (Level 1 - night, Level 2 - children).
- Let  $n$  be the number of clusters in Level 2 (i.e  $n = 39$ ) and let  $n_i$  be the number of observations from the  $i$ th cluster in Level 2.
- $X_{ij}$ : covariate from the  $j$ th observation in the  $i$ th cluster.
  - For SPC data,  $X_{ij}$  is the number of coughs at each night (Level 1 covariate).
  - We can use Level 2 covariates such as gender, age etc.
- $Y_{ij}$ : response variable from the  $j$ th observation in the  $i$ th cluster.
  - One important feature of the multilevel model is that response variables from the same cluster are correlated.

### Variance component model

- Model
  - (a)  $Y_{ij} = \beta_{0i} + \beta_1 X_{ij} + e_{ij}$
  - (b)  $\beta_{0i} = \beta_0 + u_{0i}$
  - (c)  $e_{ij} \sim N(0, \sigma^2), u_{0i} \sim N(0, \tau_{00}), Cov(e_{ij}, u_{0i}) = 0.$
- The effect of  $X$  to  $Y$  is (measured by  $\beta_1$ ) equals for all clusters.
- The overall mean level of  $Y$  (after adjusting  $X$ ) is  $\beta_0$ .
- But, the mean levels of  $Y$  (measured by  $\beta_{0i}$ ) of clusters vary.
- The variance of  $\beta_{0i}$ ,  $\tau_{00}$  represents the degree of heterogeneity of clusters. Larger the variance is, more the mean levels of  $Y$  differ across the clusters.

- Observations in the same cluster are correlated, and the correlation, called “Intracluster correlation coefficient” is always positive:

$$\rho = \frac{\tau_{00}}{\sigma^2 + \tau_{00}}.$$

- Note that  $\text{Var}(Y_{ij}|X_{ij}) = \sigma^2 + \tau_{00}$ . That is, the variance of data is decomposed to the two variance components - Level 1 variance component  $\sigma^2$  and Level 2 variance component  $\tau_{00}$ .
- Since  $u_{0i}$  are treated as random variables (random effect), the model is called a *mixed effect model* (mixture of the fixed effect  $\beta_1$  and random effect).
- $u_{0i}$  can be treated as fixed effects (eg. randomized block design).

- Advantages of Random effect over Fixed effects
  - Small number of parameters and so more efficient.
  - The results can be extended populationwidely.
  - Easy to incorporate complicated hierarchical structures.
  - Asymptotically valid.
- Disadvantage of Random effect over Fixed effects
  - Results may not be valid when the distribution of random effects is misspecified.
  - Computation are demanding for complicated hierarchial structures.

### Random coefficient model

- The effects of  $X$  to  $Y$  vary across the clusters.

- Model

(a)  $Y_{ij} = \beta_{0i} + \beta_{1i}X_{ij} + e_{ij}$

(b)  $\beta_{0i} = \beta_0 + u_{0i}$

(c)  $\beta_{1i} = \beta_1 + u_{1i}$

(d)  $e_{ij} \sim N(0, \sigma^2), e_{ij} \perp (u_{0i}, u_{1i})$  and

$$\begin{pmatrix} u_{0i} \\ u_{1i} \end{pmatrix} \sim N \left( \begin{pmatrix} 0 \\ 0 \end{pmatrix}, \begin{pmatrix} \tau_{00} & \tau_{01} \\ \tau_{01} & \tau_{11} \end{pmatrix} \right)$$

### Estimation method

- Marginally, the model is still linear, but the errors are correlated.
- So, we can use general least square method for the fixed effects, which turns out to be the MLE.
- For variance components, several methods such as ML, REML and MINVQUE are available (in SAS Proc Mixed).
- Estimation of the fixed effects are valid asymptotically even when the underlying distribution is not normal as long as the correlation structure is correctly specified.
- However, the estimation of the variance components may not be valid. MINVQUE is robust for distribution assumption since it is a method of moment estimator.

### Prediction of random effects

- Empirical Bayes approach
- First calculate

$$E(\beta_{0i} | \text{Data, fixed effects and variance components})$$

- And replace the fixed effect and variance component by their estimators.
- It turns out that  $\beta_{0i}^*$ , the predicted values of  $\beta_{0i}$  is a convex combination of overall mean and cluster specific mean (i.e.  $\lambda \bar{Y}_{..} + (1 - \lambda) \bar{Y}_{i.}$  for some  $\lambda \in [0, 1]$  when no covariate exists).
- This prediction is called a shrinkage estimator (from the fixed effect model point of view).
- It is well known that shrinkage estimators outperforms MLE, which is an advantage of using random effects.

### Illustration with the SPC data

- Result of variance component model without covariate

Parameter	Estimate	SE
$\beta_0$	0.824	0.048
$\tau_{00}$	0.068	0.020
$\sigma^2$	0.112	0.012

- Individual level variation of wakefulness exists.



- Result of variance component model with covariate

Parameter	Estimate	SE
$\beta_0$	0.671	0.059
$\beta_0$	0.138	0.034
$\tau_{00}$	0.061	0.018
$\sigma^2$	0.105	0.011

- Cough is a significant risk factor for wakefulness.
- Still individual variation of wakefulness exists even after adjusting cough.

- Result of a random coefficient model

Parameter	Estimate	SE
$\beta_0$	0.671	0.059
$\beta_0$	0.138	0.034
$\tau_{00}$	0.061	0.018
$\tau_{11}$	0.026	0.016
$\tau_{01}$	-0.027	0.020
$\sigma^2$	0.105	0.011

- $\tau_{11}$  is not significant. There appears to be not much evidence that coughing of a given amount bothers some children more than others.

- Prediction of random slope

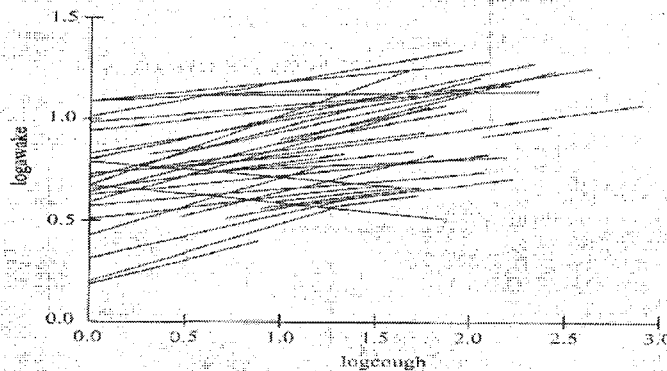


Figure 1.1 Regressions of logawake on logcough for 39 subjects.

- There appears to be two subjects with negative slopes who might be investigated further.

### 3. Multilevel analysis with GLM

- Multilevel model with other than normal distribution such as binary, count, survival time etc, can be done inside the framework of the GLM.
- We consider the two most popularly used such models - logistic regression model for binary data and Poisson regression for count data.

### Multilevel logistic regression model

- We only present a random coefficient model.

- Model

(a)  $\text{logit Pr}(Y_{ij} = 1|X_{ij}) = \beta_{0i} + \beta_{1i}X_{ij}$

(b)  $\beta_{0i} = \beta_0 + u_{0i}$

(c)  $\beta_{1i} = \beta_1 + u_{1i}$

(d)

$$\begin{pmatrix} u_{0i} \\ u_{1i} \end{pmatrix} \sim N \left( \begin{pmatrix} 0 \\ 0 \end{pmatrix}, \begin{pmatrix} \tau_{00} & \tau_{01} \\ \tau_{01} & \tau_{11} \end{pmatrix} \right)$$

### Multilevel Poisson regression model

- Model

(a)  $Y_{ij} \sim \text{Poisson}(\mu_{ij})$

(b)  $\log \mu_{ij} = \beta_{0i} + \beta_{1i}X_{ij} + e_{ij}$

(c)  $\beta_{0i} = \beta_0 + u_{0i}$

(d)  $\beta_{1i} = \beta_1 + u_{1i}$

(e)  $e_{ij} \sim N(0, \sigma^2), e_{ij} \perp (u_{0i}, u_{1i})$  and

$$\begin{pmatrix} u_{0i} \\ u_{1i} \end{pmatrix} \sim N \left( \begin{pmatrix} 0 \\ 0 \end{pmatrix}, \begin{pmatrix} \tau_{00} & \tau_{01} \\ \tau_{01} & \tau_{11} \end{pmatrix} \right)$$

(\*)  $e_{ij}$  term is needed for overdispersed models.

### Illustration for the Multilevel Poisson regression model

- Testis cancer mortality in the European country
- Three levels: Country, regions and county
- 9 nations, 78 regions and 354 counties
- Two covariates (county level)
  - $X_1$ : GDP per inhabitant
  - $X_2$ : density of inhabitants per square kilometre.
- Response: the number of deaths due to testis cancer in between 1971 and 1980.
- Model: Multilevel Poisson regression model with overdispersion.

- Variance component model

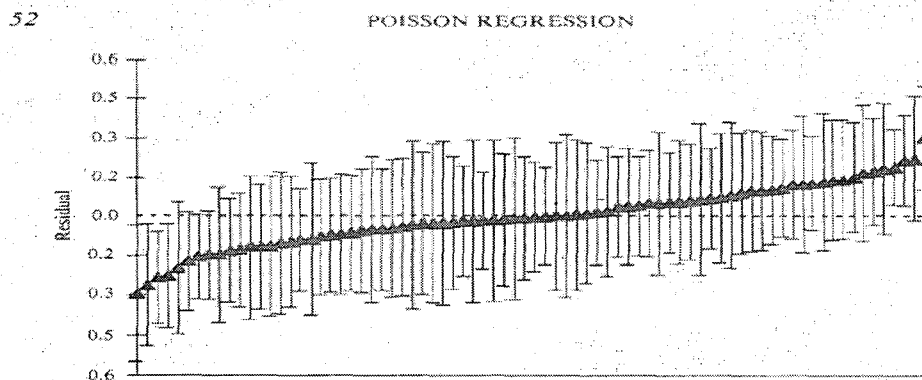
Table 1: Estimation result with the PQL method

Parameter	Estimate	SE
Fixed part		
$\beta_0$	2.58	0.11
$\beta_1$	3.61	1.42
$\beta_2$	-7.22	4.71
Random part		
Level 3: nations		
$\tau_{00}^{(3)}$	0.096	0.052
Level 2: regions		
$\tau_{00}^{(2)}$	0.028	0.008
Level 1: counties		
$\sigma^2$	1.48	0.12

- Remarks

- GDP is a significant risk factor.
- Data is overdispersed since  $\sigma^2$  is large.
- There are significant regional variations in testis cancer mortality.
- However, countrywide variation is not significant.

- Prediction of regional random effects



- Prediction of country random effects

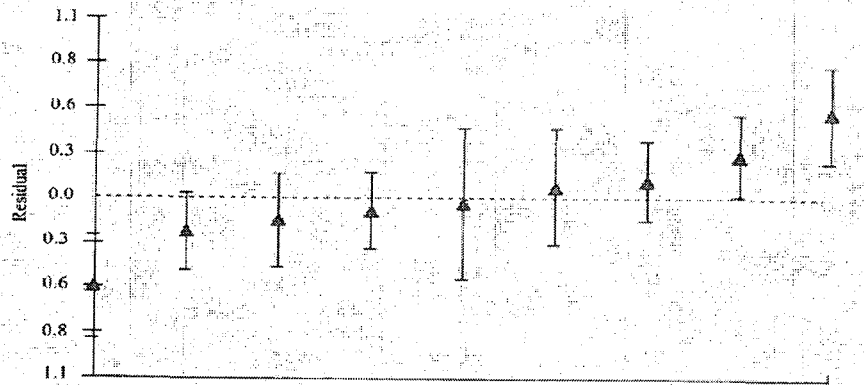


Figure 4.2 Residuals and 95% confidence intervals for the 9 countries.

- A (country level) random coefficient model only for GDP

– Model

(a)  $Y_{ij} \sim \text{Poisson}(\mu_{ij})$

(b)  $\log \mu_{ij} = \beta_{0i} + \beta_{1i}X_{1ij} + \beta_{2i}X_{2ij} + e_{ij}$

(c)  $\beta_{0i} = \beta_0 + u_{0i}$

(d)  $\beta_{1i} = \beta_1 + u_{1i}$

(e)  $e_{ij} \sim N(0, \sigma^2), e_{ij} \perp (u_{0i}, u_{1i})$  and

$$\begin{pmatrix} u_{0i} \\ u_{1i} \end{pmatrix} \sim N \left( \begin{pmatrix} 0 \\ 0 \end{pmatrix}, \begin{pmatrix} \tau_{00} & \tau_{01} \\ \tau_{01} & \tau_{11} \end{pmatrix} \right)$$

(\*)  $e_{ij}$  term is needed for overdispersed models.

- Results with PQL

Table 2: Estimation result with the PQL method

Parameter	Estimate	SE
Fixed part		
$\beta_0$	2.56	0.12
$\beta_1$	2.65	1.91
$\beta_2$	-4.74	4.92
Random part		
Level 3: nations		
$\tau_{00}^{(3)}$	0.104	0.057
$\tau_{11}^{(3)}$	8.40	10.89
$\tau_{01}^{(3)}$	-1.10	5.82
Level 2: regions		
$\tau_{00}^{(2)}$	0.028	0.008
Level 1: counties		
$\sigma^2$	1.48	0.12

- Prediction of countrylevel random coefficient

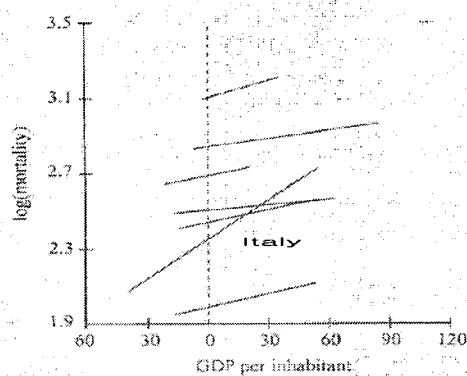


Figure 4.3 Relationship between GDP (centred) and mortality.

#### 4. Multilevel linear model vs Multilevel GLM

- Multilevel GLM looks similar to multilevel linear models. However, there are various differences and difficulties in multilevel GLM such as
  - Interpretation of the fixed effects
  - Inferential methods
  - Choice of random effect distribution.
- We discuss differences and difficulties of multilevel linear model and multilevel GLM.

#### Interpretation of the fixed effect

- Consider the variance component model.
- For linear model,  $\beta_0$  is the population mean of response.
- For logistic model,  $\beta_0$  is not (the logit of) the population mean of  $Y$  (i.e probability).
- This is because multilevel linear models are marginally linear models while multilevel logistic models are not logistic models marginally.
- An alternative logistic model with correlated data is marginal models such as GEE. Marginal models, however, do not provide cluster level information.
- Currently, many researches for combining random effect models (subject specific model) and marginal models (population average model) have been done.



### Inferential methods

- In general, the best method is to use the marginal likelihood (likelihood after integrating out random effects).
- For linear multilevel models, the marginal likelihood has closed forms and so no problem of getting MLE.
- For multilevel GLM, unfortunately, the closed form of the marginal likelihood is not available and so numerical integrations are required.
- For complicated multilevel models, there are high dimensional random effects and high dimensional numerical integrations are practically impossible.

- Alternative methods
  - Approximated marginal likelihood: PQL
  - Maximizing random effects as well as fixed effects: Hierarchical likelihood approach
  - Bayesian approach with MCMC
- Remarks
  - PQL and H-likelihood may be asymptotically inconsistent.
  - Bayesian approach may be still computationally demanding and may be inferior for small sample sizes.
- Software
  - Marginal likelihood: PROC NLMIXED (in SAS)
  - PQL: PROC GLIMMIX (SAS Macro)
  - Bayesian: WinBugs

### Choice of random effect distribution

- So far, we assume that random effects are normally distributed.
- In some cases, other than normal distributions are required (eg. bimodal, skewed etc).
- For multilevel linear model, the estimators of the fixed effects are asymptotically valid even when the distribution of random effects is not normal.
- However, for multilevel GLM, misspecified random effect distributions result in biased fixed effect estimators.
- Two approaches
  - Goodness of fit for the random effect distribution
  - Nonparametric method: Mixture models.
- No practically usable software is not available yet.

## 5. References

- Leyland, A.H. and Goldstein, H. (2001). *Multilevel modeling of health statistics*. Wiley.
- Skrondal, A. and Rabe-Hesketh, S. (2004). *Generalized latent variable modeling*. Chapman and Hall.