

Chemical Toxicity Assessment of Dietary Fatty Acids

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Many epidemiological, clinical, and animal studies have shown the beneficial effect of diets containing n-3 polyunsaturated fatty acids (n-3 PUFAs; DHA, EPA) in reducing the risk of chronic inflammatory diseases and certain cancers while diets rich in saturated fat increase the risk. However, the mechanisms are not fully understood. Toll-like receptors (TLRs) provide critical signals to induce innate immune responses in antigen presenting cells such as macrophages by recognizing invading microbial pathogens. The activation of TLRs triggers the activation of two major downstream signaling pathways, MyD88-dependent and independent pathways, leading to the activation of NF-kappaB and IRF3 and the expression of proinflammatory cytokines and type I IFN genes. Deregulated activation of TLRs can lead to the development of severe systemic inflammation including septic shock with high mortality. Moreover, recent evidence suggests the involvement of TLRs in various chronic inflammatory diseases including atherosclerosis, diabetes, rheumatoid arthritis, and cancer. Results from our studies demonstrated that saturated fatty acids activate TLRs whereas n-3 PUFAs inhibit agonist-induced TLR activation and COX-2 expression in macrophages. N-3 PUFAs, DHA and EPA, are the most potent inhibitors as compared with n-6 PUFAs and n-9 unsaturated fatty acids. Saturated fatty acid-induced TLR activation leads to the activation of both MyD88-dependent and -independent signaling pathway. The target of inhibition by DHA is TLR itself or the proximal events leading to TLR activation, but not the downstream signaling molecules. Our results suggest that inflammatory responses can be differentially modulated by types of dietary fatty acids mediated through the modulation of TLR activation. Therefore, it is important to assess whether certain dietary factors can modulate TLR-mediated signaling pathways and target gene expression in order to manage the deregulation of TLR-mediated inflammatory responses leading to acute and chronic inflammatory diseases. Furthermore, Toll-like receptor inflammasome system can be utilized as a new Toxicity Assessment System to evaluate pro-inflammatory activity of dietary factors.

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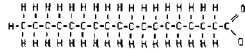
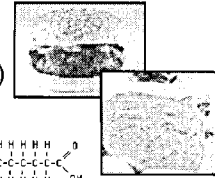
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Fatty acids

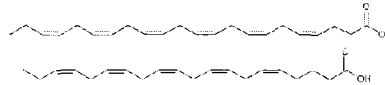
- long-chain hydrocarbon molecules containing a carboxylic acid moiety.
- Major roles
 - 1) the components of membrane lipids.
 - 2) the major components of stored fat
 - 3) signaling components

Dietary Fatty acids

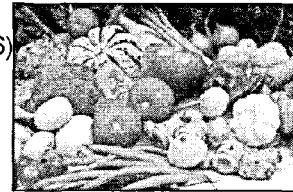
- Saturated fatty acids (sFA)
Lauric acid(C12:0), Myristic acid(C14:0), Palmitic acid(C16:0)
meat, butter, dairy product, milk, cheese, coconut oil



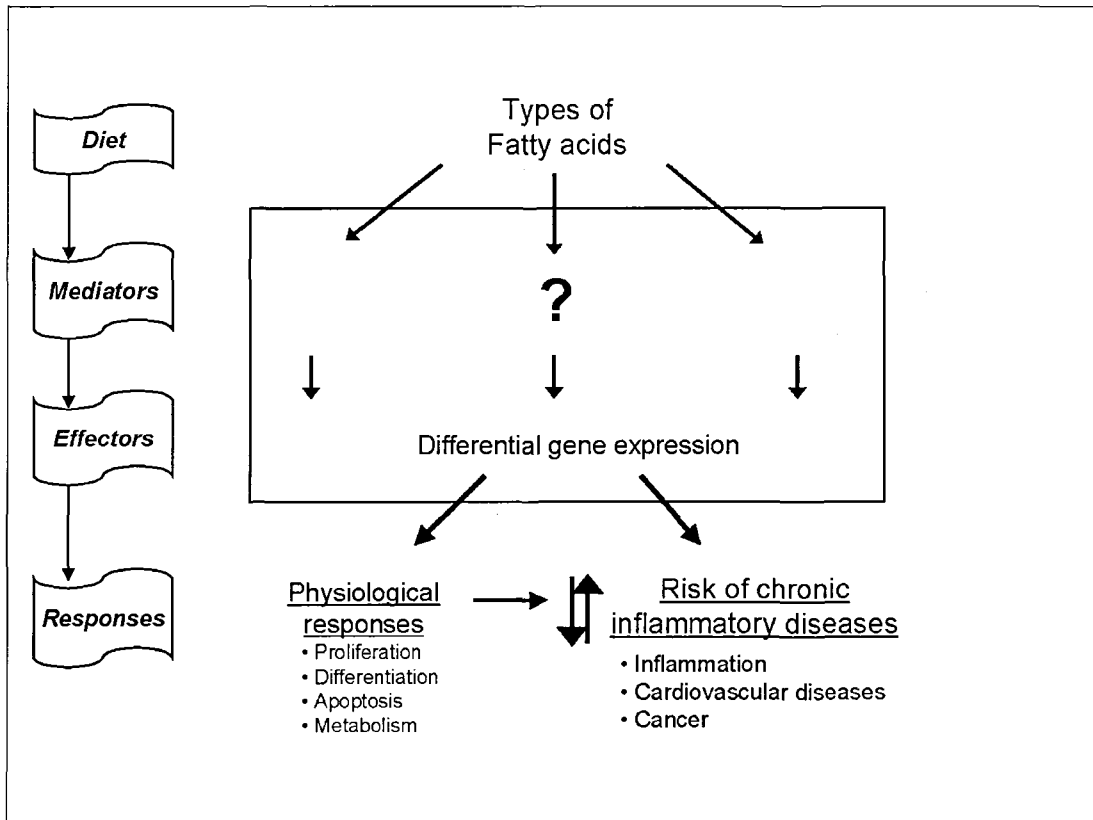
- Unsaturated fatty acids (uFA)
 - 1) n-3 polyunsaturated fatty acids (n-3 PUFAs)
DHA(C22:6n-3), EPA(20:5n-3)
Fish oil

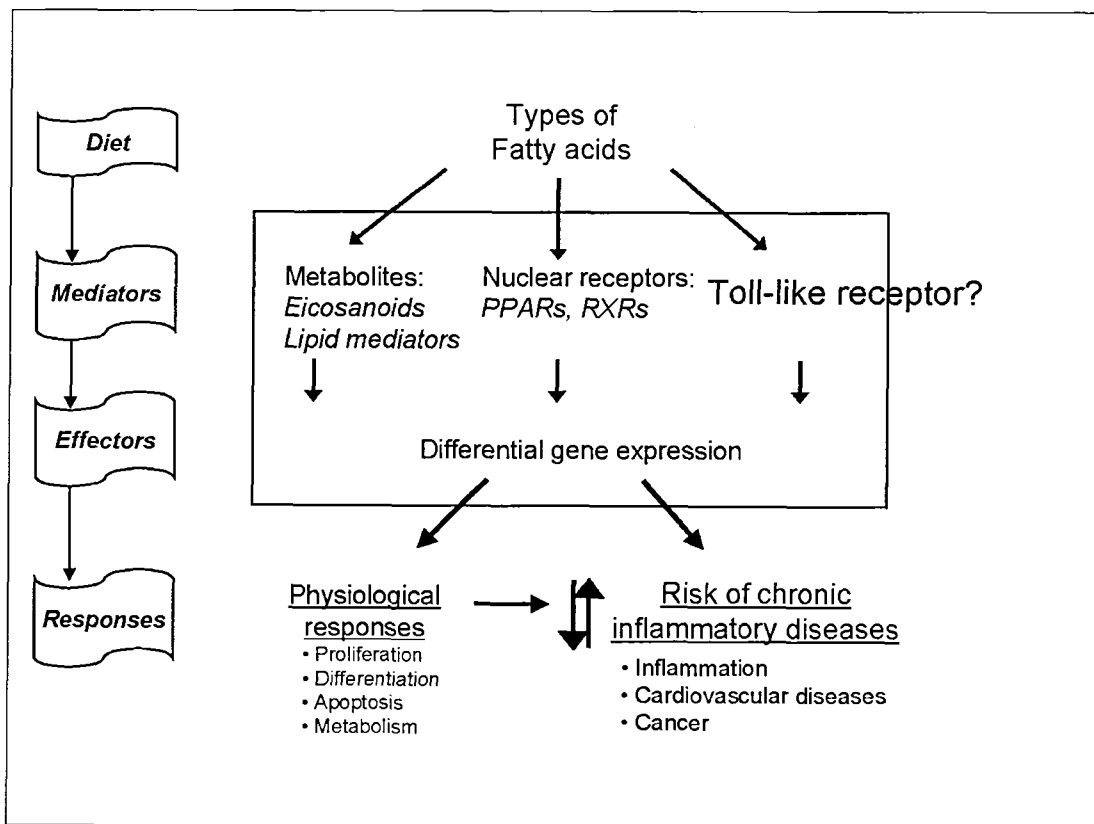
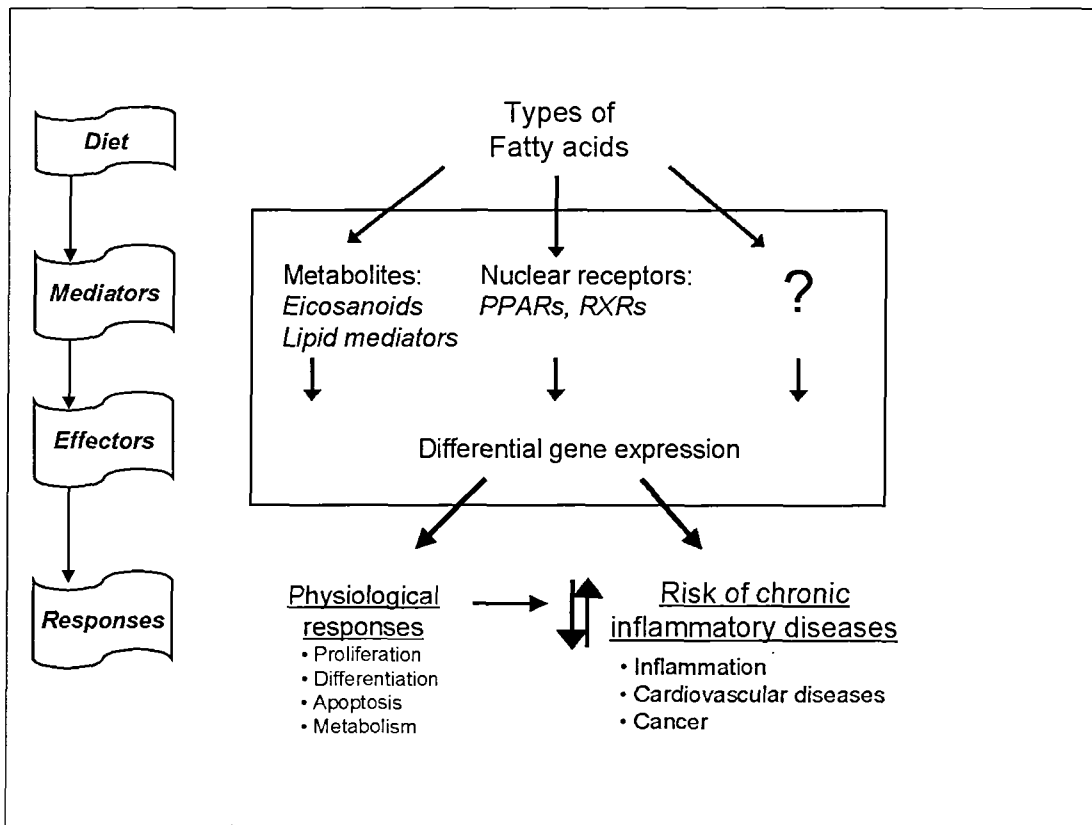


- 2) n-6 polyunsaturated fatty acids (n-6 PUFAs)
Arachidonic acid(20:4n-6), Linoleic acid(C18:2n-6)
Vegetables, fruits, nuts



- 3) n-9 Unsaturated fatty acids
Oleic acid(C18:1n-9)





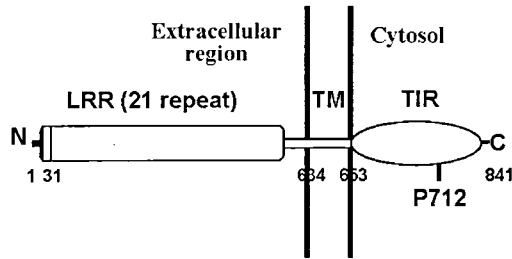
Toll-like receptors (TLRs)

◆ Toll

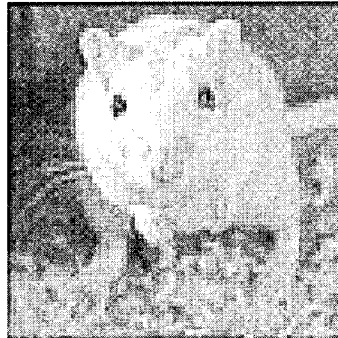
- In *Drosophila*
- Involved in dorsal-ventral patterning in embryos.
- Induce the anti-fungal peptide, dorsomycin.

◆ Toll-like receptors

- In mammals (Human homolog of Toll)
- Type I transmembrane receptors with extracellular leucine-rich repeat (LRR) motifs and a cytoplasmic Toll/IL-1R (TIR) homology domain.
- The activation of TLRs leads to the expression of co-stimulatory molecule which is required for the activation of adaptive immunity.



Lipopolysaccharide Hyporesponsive Mice



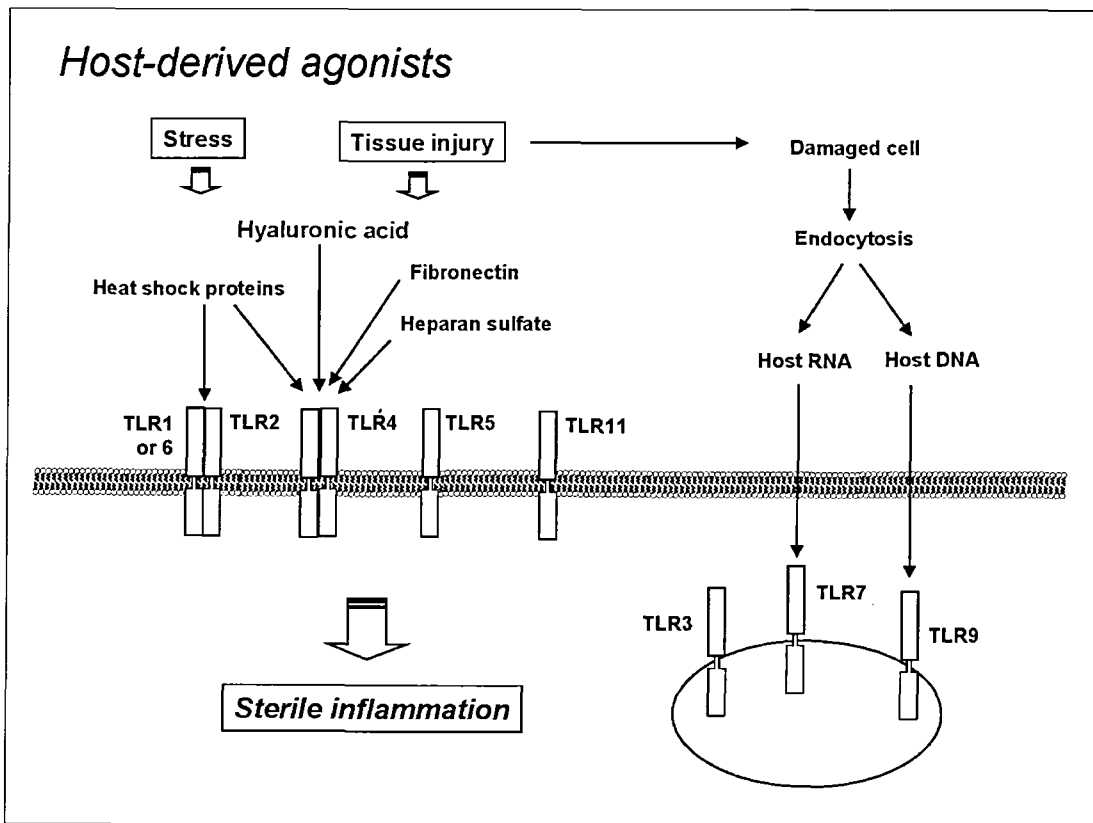
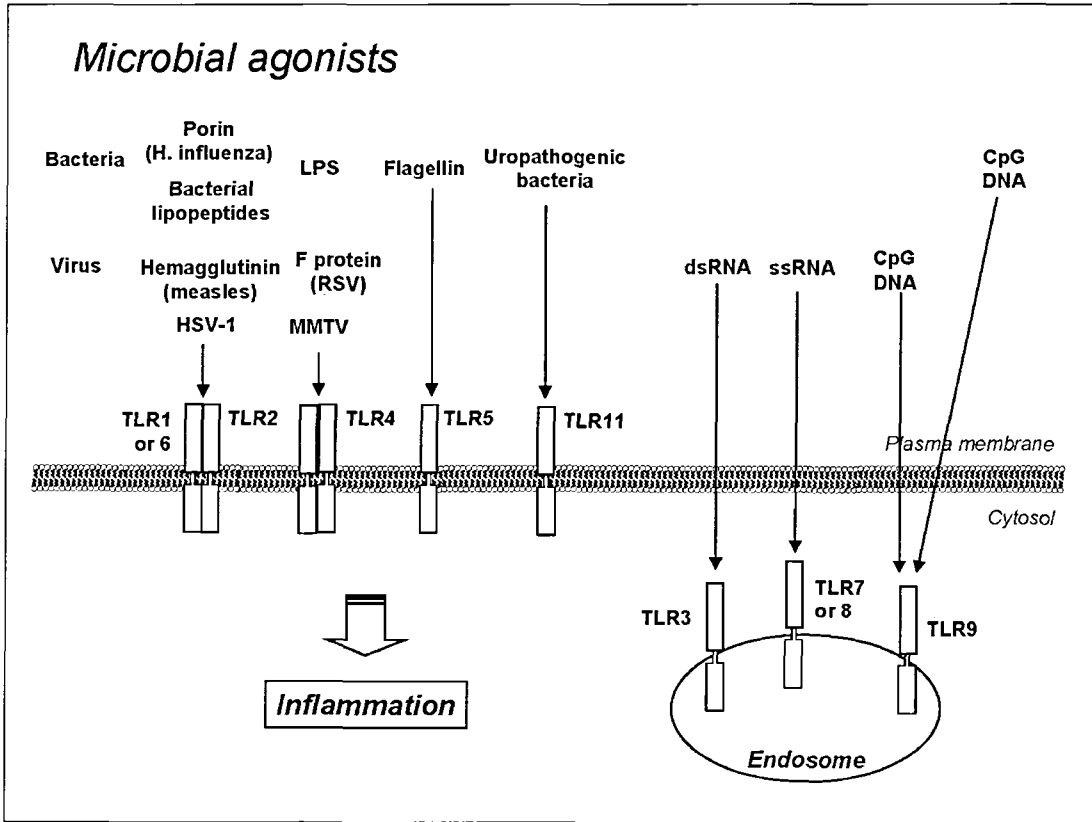
C57BL/10ScCr

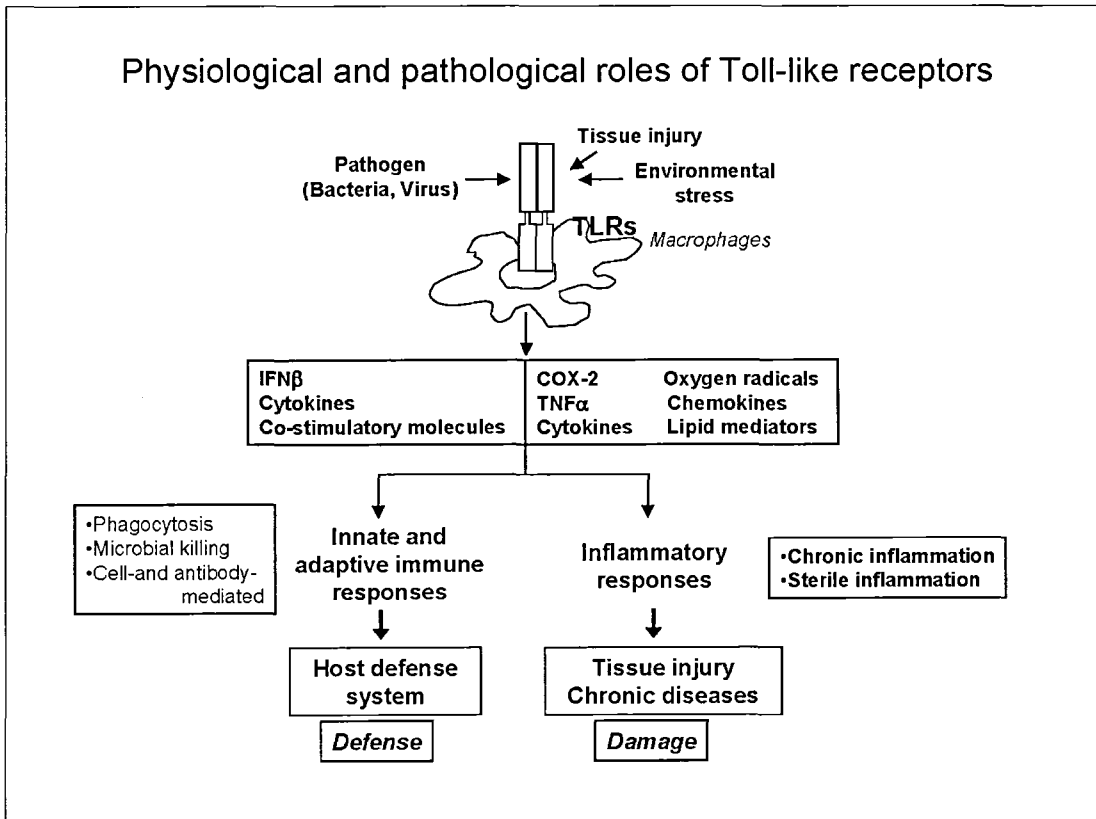
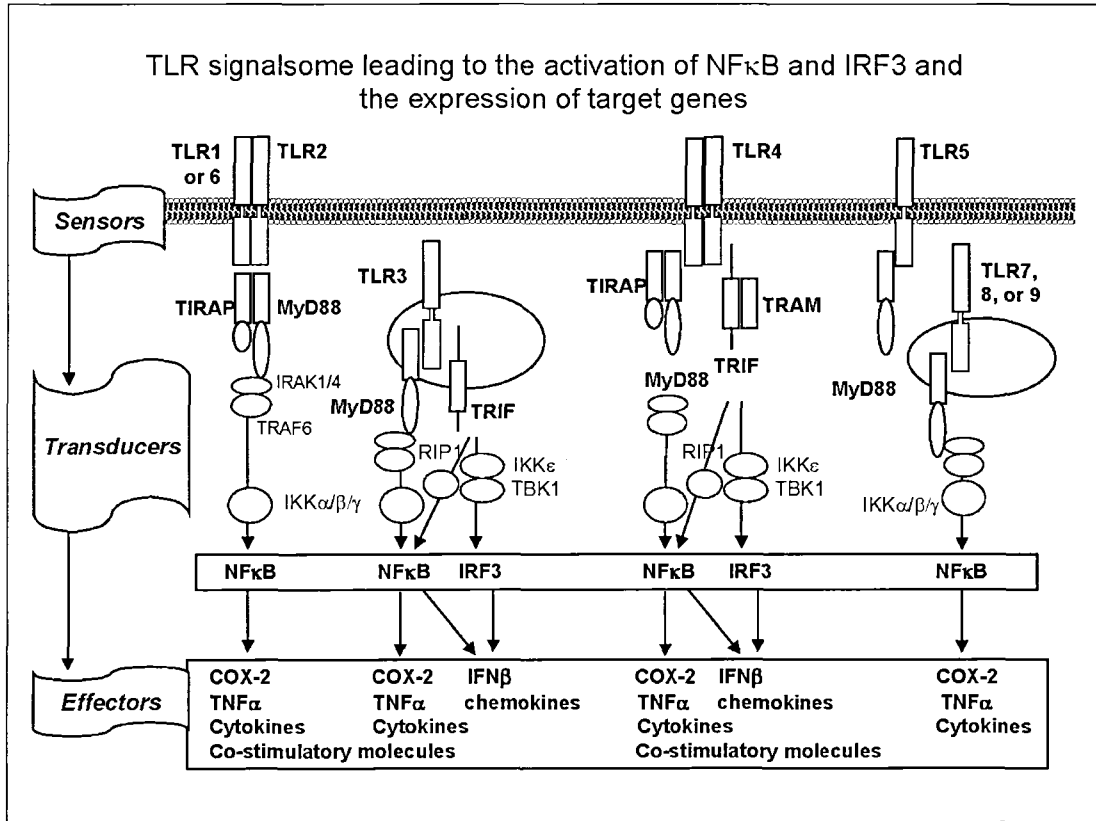
↓
Homozygous for
a null mutation of
Toll-like receptor 4

C3H/HeJ

↓
Missense mutation in
Toll-like receptor 4 (P712H)

Poltorak *et al.* *Science* (1998)





Implications of TLRs in chronic inflammatory diseases

Epidemiological studies of gene polymorphism

- Alzheimer's disease: TLR4 Asp299Gly
- Atherosclerosis: TLR4 Asp299Gly, TLR2 Arg753Gln
- Coronary heart disease : TLR4 Asp299Gly in Caucasian
- Ischemic stroke: TLR4 intron 1 (A119C) in Chinese
- Rheumatoid arthritis: TLR4 Asp299Gly
- Ulcerative colitis: TLR4 Asp299Gly, Thr399Ile
- Inflammatory Bowel Disease: TLR4 Asp299Gly
- Systemic lupus erythematosus: TLR5 stop codon
- Diabetes: TLR4 Asp299Gly
- Prostate cancer: TLR4 sequence variant in 3'UTR

Mouse knockout studies

- Atherosclerosis: TLR4 or MyD88
- Rheumatoid arthritis: Knockout of TLR2, 4 or MyD88

Correlation with experimental disease model

- Diabetes: TLR3 or TLR7 agonist
- Ischemia/reperfusion renal injury: TLR2
- Systemic lupus erythematosus: TLR9

Infection with TLR agonists

- Atherosclerosis: *Chlamydia Pneumonia* (TLR2, 4)
- Gastric cancer: *Helicobacter Pyroli* (TLR2, 4)

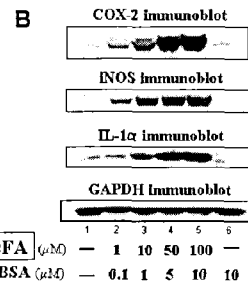
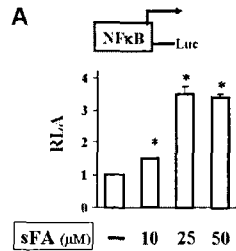
Upregulation of TLR expression

- Rheumatoid arthritis: TLR2
- Gastric cancer: TLR4 and 5
- Atherosclerosis: TLR4
- Ischemic heart: TLR4

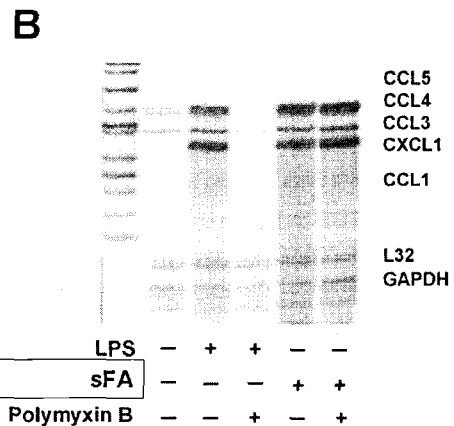
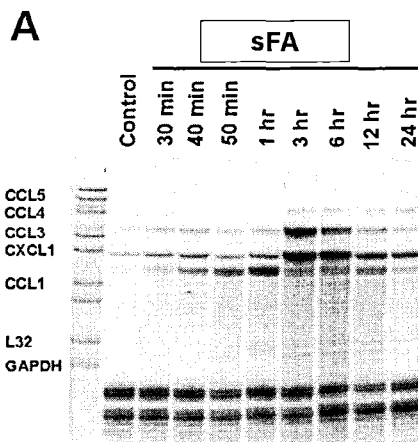
The Aim of the Study

1. To assess the activity of dietary fatty acids to modulate the expression of inflammatory genes in macrophages.
2. To investigate whether the modulation of inflammatory gene expression by dietary fatty acids is mediated through Toll-like receptor.

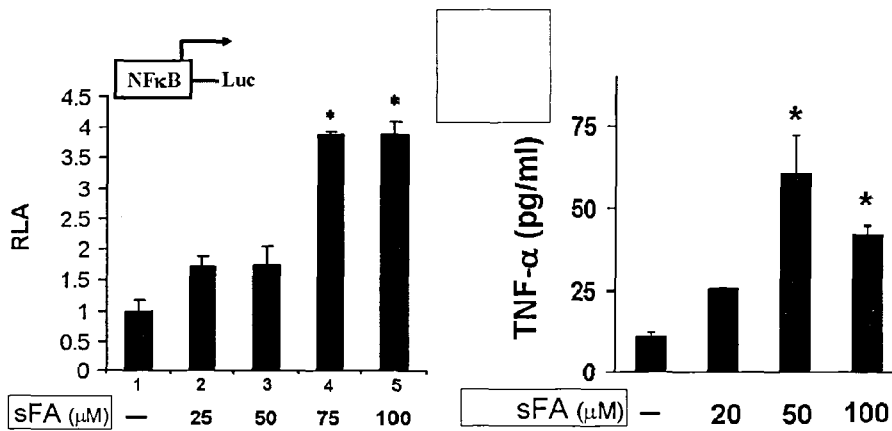
sFA induces NFκB activation and COX-2 expression in macrophages (RAW264.7)



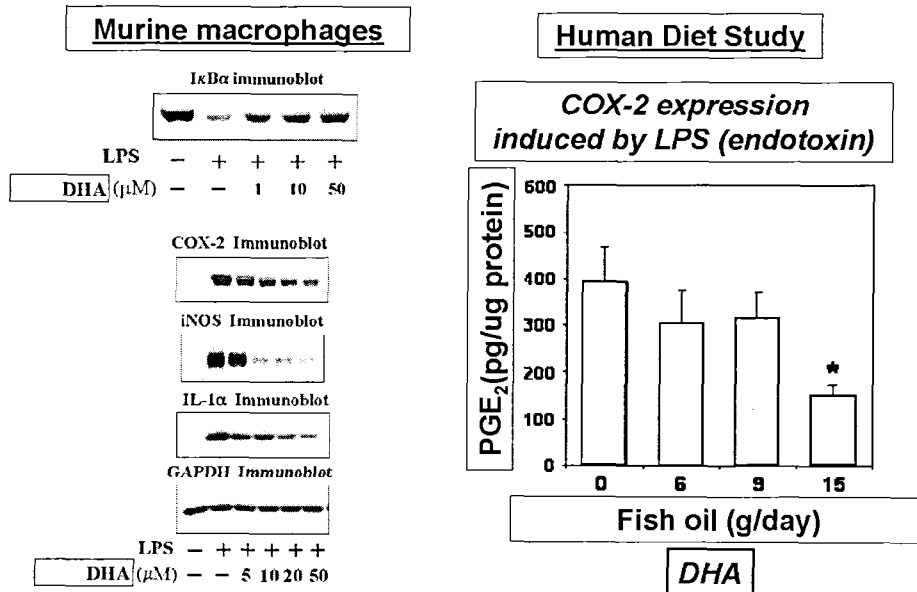
sFA induces the expression of chemokines in macrophages



sFA induced NF κ B activation in primary rat smooth muscle cells (A) and TNF- α production in human monocytic cell line (THP-1) (B)



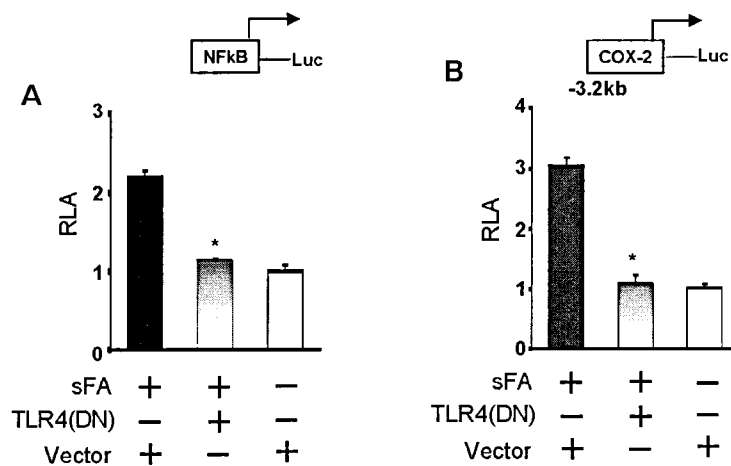
DHA suppresses NF κ B activation and COX-2 expression induced by LPS



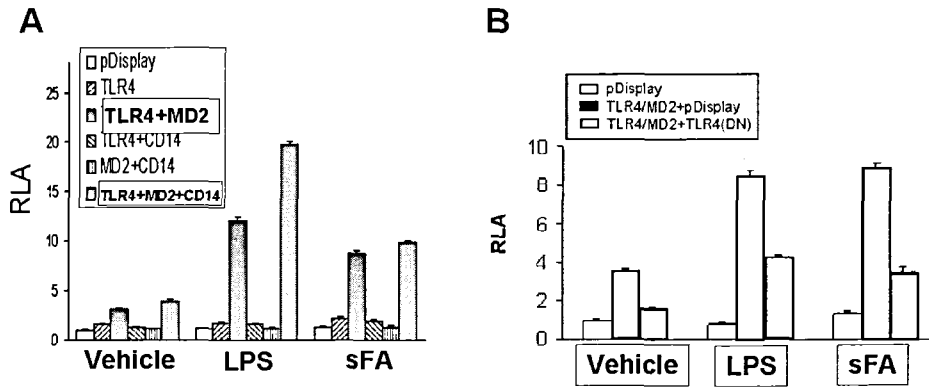
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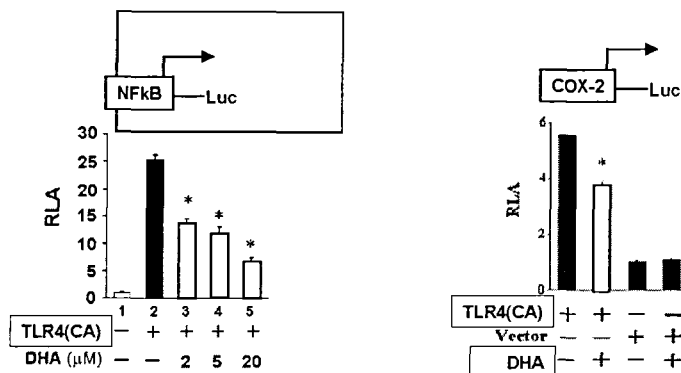
A dominant-negative mutant of TLR4 inhibits NF κ B activation and COX-2 expression induced by sFA in macrophages (RAW264.7)



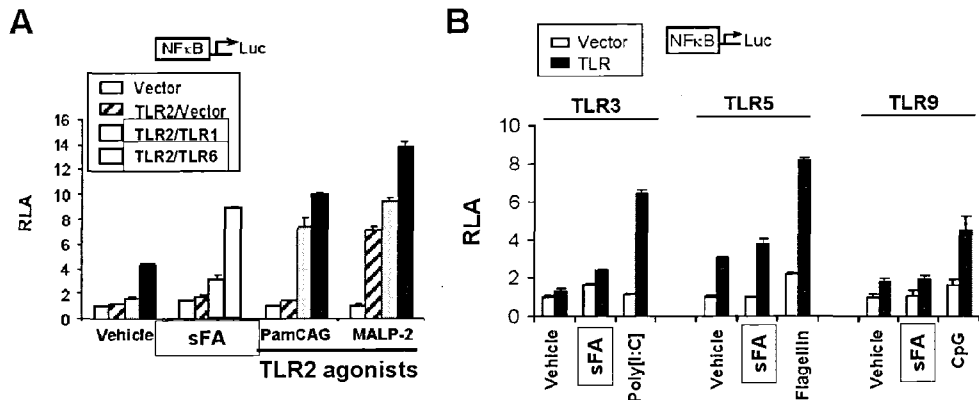
sFA activates TLR4 ectopically expressed with MD2/CD14



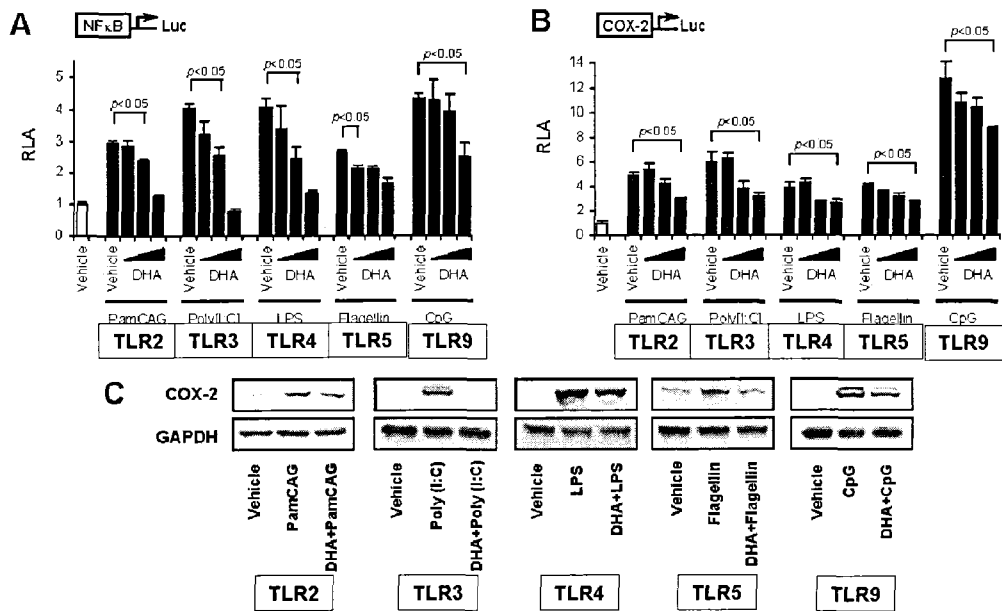
DHA inhibits constitutively active TLR4-induced NFκB activation and COX-2 expression



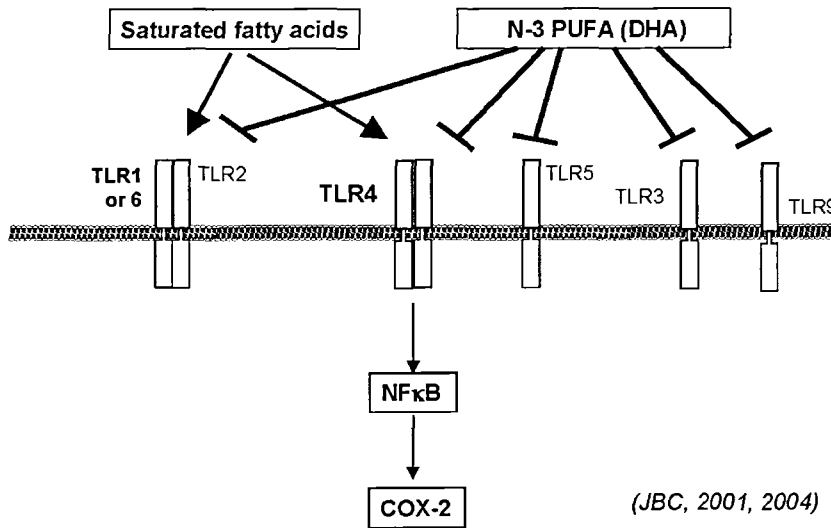
sFA activates TLR2/1 or TLR2/6 dimer,
however, does not activate TLRs for which cognate ligands
do not require fatty acid acylation



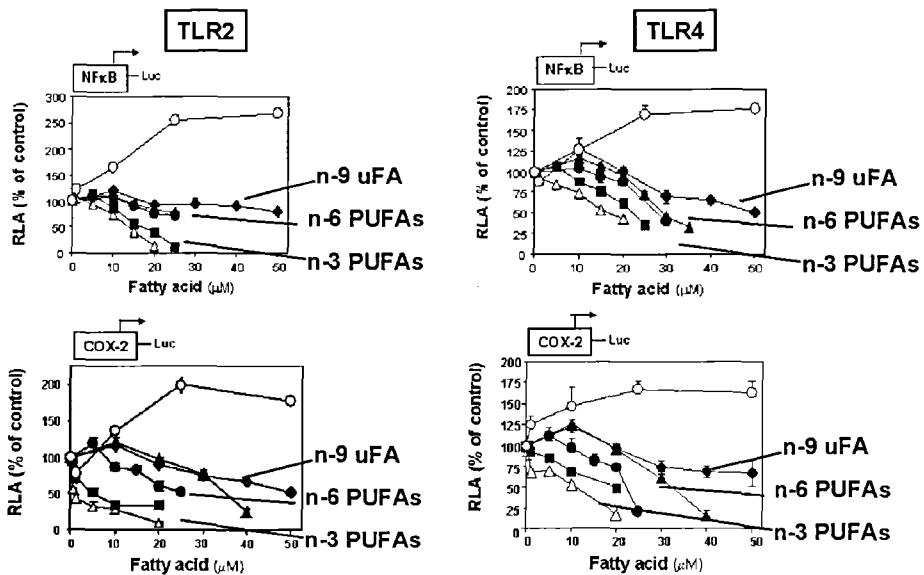
DHA suppresses the activation of various TLRs



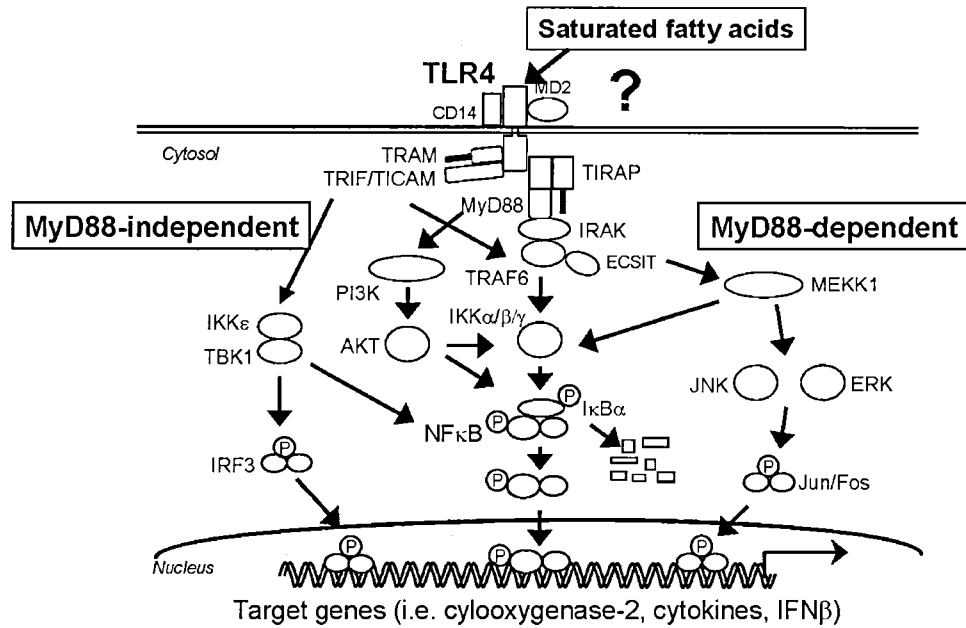
Differential modulation of inflammatory genes by different dietary fatty acids mediated through Toll-like receptors



Relative inhibitory potency of different unsaturated fatty acids on TLR activation in reporter macrophages

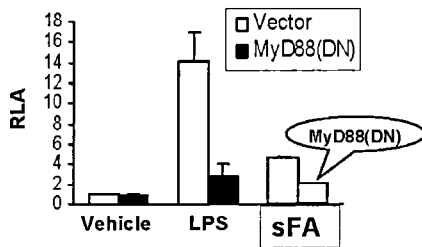


What are the downstream signaling pathways activated by sFA?

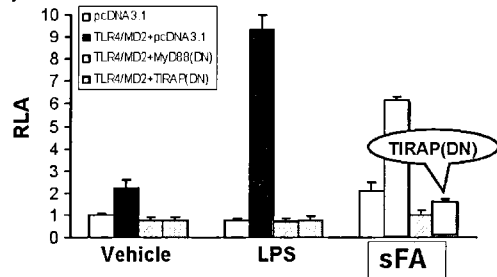


sFA-induced NF κ B activation is inhibited by a DN mutant of MyD88-dependent signaling components

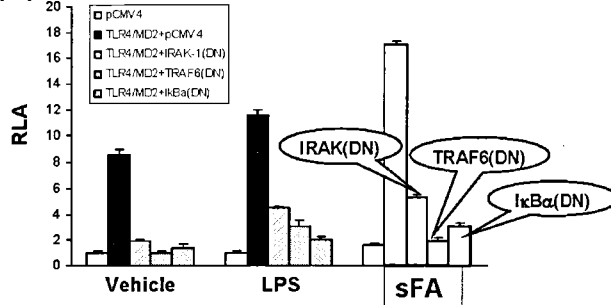
(A) RAW264.7



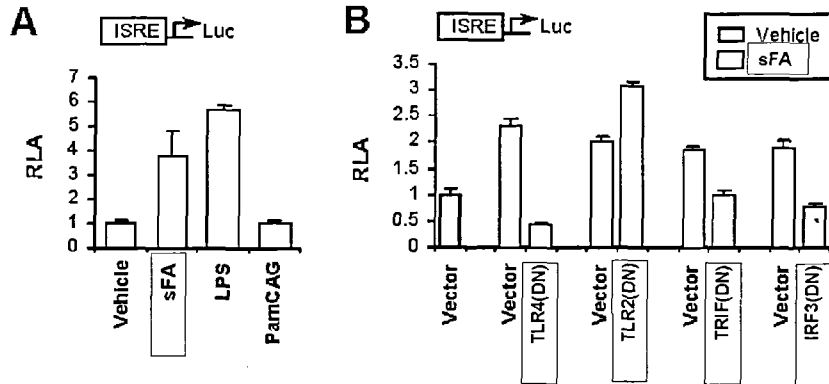
(B) 293T



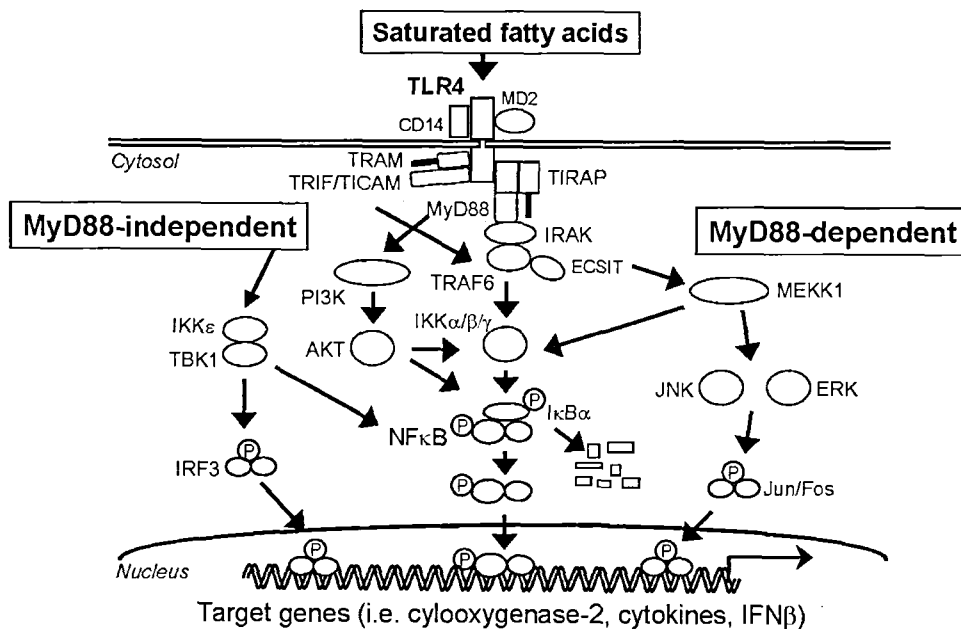
(C) 293T

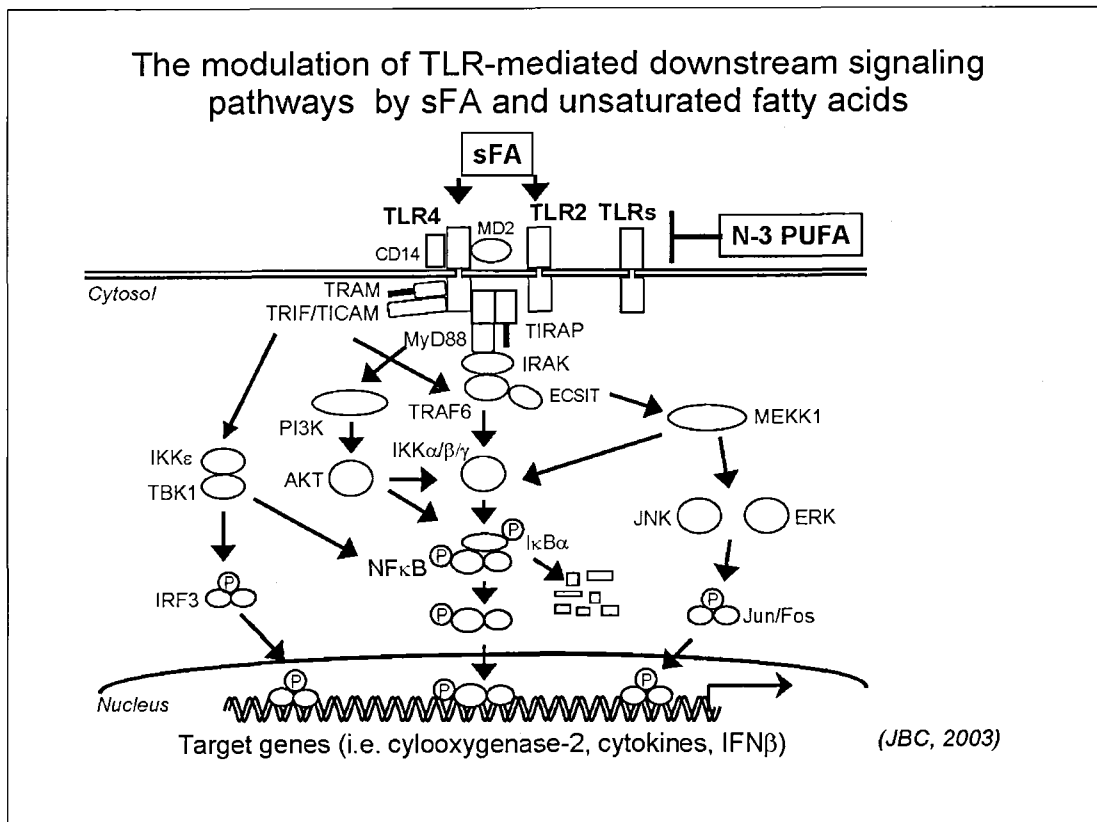
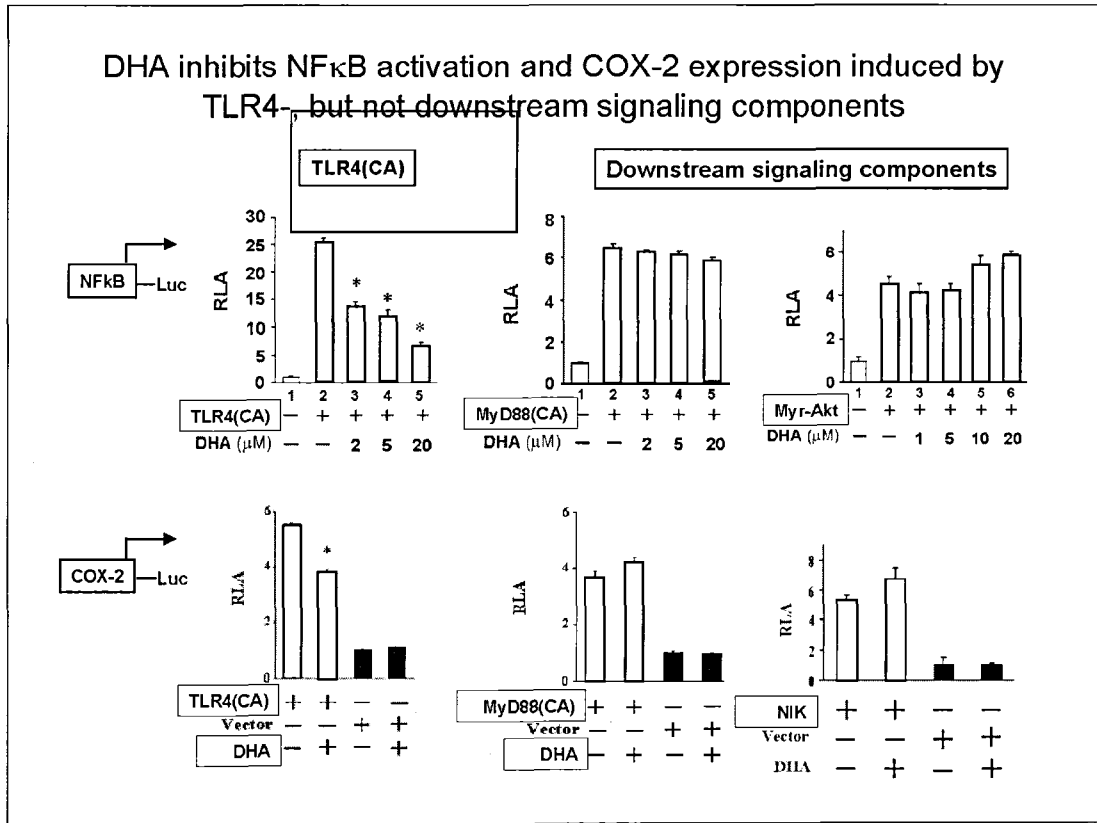


sFA activates MyD88-independent signaling pathways



sFA activates both MyD88-dependent and -independent signaling pathways of TLR4





Summary

- Saturated fatty acids induce, but unsaturated fatty acids inhibit NFkappaB activation and COX-2 expression mediated through the reciprocal modulation of Toll-like receptor.
- Saturated fatty acid activates TLR4 and TLR2 dimers while docosahexaenoic acid (DHA) is a pan inhibitor for all TLRs tested.
- N-3 PUFAs, DHA and EPA, are the most potent inhibitors as compared with n-6 PUFAs and n-9 unsaturated fatty acids.
- Saturated fatty acid-induced TLR4 and TLR2 activation leads to the activation of both MyD88-dependent and –independent signaling pathway.
- The target of DHA may be signaling components upstream of MyD88 or the proximal events leading to TLR activation.

Conclusion

- Inflammatory responses can be differentially modulated by types of dietary fatty acids mediated through the modulation of TLR activation.
- It is important to assess whether certain dietary factors can modulate TLR-mediated signaling pathways and target gene expression in order to manage the deregulation of TLR-mediated inflammatory responses leading to acute and chronic inflammatory diseases.

Future Perspectives

Toll-like receptor inflammasome system:
A new Toxicity Assessment System
to evaluate pro-inflammatory activity of dietary factors.

