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Isolation of a-glucosidase inhibitor, genistein from Chongkukjang

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α-Glucosidase is the enzyme to digest carbohydrate, and inhibition of α-glucosidase could suppress postprandial hyperglycemia. In the preliminary study *Chongkukjang* showed strong inhibitory activity against yeast α-glucosidase and long term feeding of *Chongkukjang* exerted hypoglycemic effect in streptozotocin-induced diabetic rats and diabetic patients. The purpose of this study is to isolate the compound to elicit α-glucosidase inhibitory activity from *Chongkukjang*. *Chongkukjang* methanol extract was fractionated with hexane, ethylacetate, buthanol and distilled water successively. Each extract was tested for inhibitory activity against α-glucosidase using para-nitropenyl-α-D-glucopyranoside as a substrate. The ethylacetate-soluble fraction showed the strongest α-glucosidase inhibitory activity and was purified by repeated silicagel column chromatography and thin layer chromatography. Structure of the isolated compound was determined by ¹H-NMR and ¹³C-NMR. Yeast α-glucosidase inhibitory activities of these fractions were measured. We concluded that the active constituent of *Chongkukjang* responsible for α-glucosidase inhibitory activity is genistein.