

## Technical Note: All-Inside Suture Technique Using Two Posteromedial Portals in Medial Meniscus Posterior Horn Tear

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Up to two thirds of patients with anterior cruciate ligament rupture have combined medial meniscus posterior horn tear. It has been proven important to repair this tear to enhance stability after ACL reconstruction. However repairing meniscal tear can be sometimes cumbersome and difficult or even impossible in certain circumstances, especially places like posterior horn of the medial meniscus. We devised a simple and easy method of all-inside suture of medial meniscus posterior horn tears using two posteromedial portal system. Furthermore with modification of our technique one can not only suture single but also double longitudinal medial meniscus posterior horn tears.