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Abstracts for

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ICL 1: Rotator Cuff Disease: Current Trend

Title: "REPAIR OF MASSIVE ROTATOR CUFF TEAR: LONG TERM RESULT"

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The treatment of massive rotator cuff tears continues to be controversial. A variety of options exist including arthroscopic debridement with or without margin convergence; primary open repairs; augmented repairs with various graft options; and tendon transfers. The preoperative evaluation and surgical planning of a patient with a massive rotator cuff tear is critical to the success of the ultimate treatment. The method and long-term results of primary rotator cuff repair for massive rotator cuff tears by a single surgeon will be presented. Highlights include deltoid management; soft tissue mobilization techniques; tendon-to-tendon and tendon-to-bone repairs; and acromioplasty with CA ligament preservation. The postoperative care and rehabilitation are crucial to achieving consistent, satisfactory outcomes in this patient population.