

Influence of spreader and cone taper on the sealing effect of root canal with gutta-percha

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I. Objectives

The purpose of this study was to evaluate the influence of spreader and cone taper on the sealing effect of root canal with gutta-percha.

II. Materials and Methods

Sixty simulated root canals in clear resin blocks were used. Working lengths were established 0.5 mm short of the apical foramen. Coronal two-thirds of the canal were instrumented with rotary Ni-Ti ProTaper and apical one-third was instrumented with 0.06 taper #30 ProFile.

Prepared sixty resin blocks were randomly divided into 4 groups of 15 blocks: a group using stainless steel finger spreader and 0.02 taper gutta-percha cone (SS/0.02) ; a group using nickel-titanium finger spreader and 0.02 taper gutta-percha cone (NiTi/0.02) ; a group using stainless steel finger spreader and 0.06 taper gutta-percha cone (SS/0.06) ; a group using nickel-titanium finger spreader and 0.06 taper gutta-percha cone (NiTi/0.06). All canals were obturated with laterally condensed gutta-percha and AH 26 sealer. Type A accessory cones were added to all teeth until the finger spreader no longer penetrated deeper than the coronal one-third of the canal. To measure obturation efficiency, the number of accessory cones required to obturate teeth in all groups was recorded.

After resin blocks were stored at 37°C and 100% humidity for setting of the resin sealer, they were cross-sectioned with a microtome at 1.0, 3.0, and 5.0 mm levels from the apical foramen. The sections were immediately photographed under a stereomicroscope, and stored in a computer using a CCD camera and a commercial digitizing image program. The proportion of gutta-percha area to whole canal section were calculated at each level using Auto Cad 2000.

Statistical analysis for all data was performed by using two-way ANOVA and Duncan's multiple range test.

III. Results

Sealing quality

At 1 mm level, the mean ratio of the area of gutta-percha was $86.67 \pm 3.24\%$ for group SS/0.02, $91.86 \pm 2.87\%$ for group NiTi/0.02, $94.33 \pm 2.43\%$ for group SS/0.06, and $94.04 \pm 2.86\%$ for group NiTi/0.06. NiTi groups showed significantly higher gutta-percha area ratio than SS groups, and 0.06 gutta-percha groups showed significantly higher gutta-percha area ratio than 0.02 gutta-percha groups ($p < 0.05$).

At 3mm level, the mean ratio of the area of gutta-percha was $81.55 \pm 7.18\%$ for group SS/0.02, $85.66 \pm 5.56\%$ for group NiTi/0.02, $93.35 \pm 7.42\%$ for group SS/0.06, and $95.54 \pm 1.57\%$ for group NiTi/0.06. NiTi groups showed significantly higher gutta-percha area ratio than SS groups, and 0.06 gutta-percha groups showed significantly higher gutta-percha area ratio than 0.02 gutta-percha groups ($p < 0.05$).

At 5 mm level, the mean ratio of the area of gutta-percha was $91.19 \pm 4.46\%$ for group SS/0.02, $86.48 \pm 5.04\%$ for group NiTi/0.02, $94.47 \pm 3.48\%$ for group SS/0.06, and $94.75 \pm 2.39\%$ for group NiTi/0.06. SS groups showed significantly higher gutta-percha area ratio than NiTi groups, and 0.06 gutta-percha groups showed significantly higher gutta-percha area ratio than 0.02 gutta-percha groups ($p < 0.05$).

Sealing efficiency

0.06 taper cone groups required significantly less number of accessory cones than 0.02 taper gutta-percha groups ($p < 0.05$). However there was no significant difference between SS and NiTi groups ($p > 0.05$).

IV. Conclusions

It is concluded that, when root canal is prepared with 0.06 tapered instruments, uses of 0.06 taper gutta-percha cones and NiTi spreader are recommended to improve sealing quality (gutta-percha area ratio) and obturation efficiency.