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Inhibitory Effects of Fragrance Inhalation of *Acorus gramineus*on the PTZ-Induced Convulsion in Mice

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This study was carried out to investigate the inhibitory effects of the essential oil and fragrance inhalation of *Acorus gramineus*(石菖蒲), a sedative drug in Korean folk medicine, on the PTZ-induced convulsion in mice. For this purpose, GABA transaminase(GABA-T) activity, brain GABA level, brain glutamate level and anticonvulsive effect have been measured *in vivo*. Furthermore, antioxidative activities and benzodiazepine receptor agonistic effect have been determined *in vitro* or *in vivo*. The results were summerized as follows:

- 1. Essential oil fragrance inhibited significantly the activity of GABA-T in a time-dependent manner. However, the difference of effects in 7 days- and 14 days-treated group was small, moreover, 30 days-treated group did not strongly increase the effect in proportion to the inhalation duration.
- 2. Essential oil fragrance increased effectively the brain GABA level and decreased the glutamate content. These effects, however, were not proportionally enhanced in 30 days-treated group.
- 3. Essential oil inhibited activities of xanthine oxidase and aldehyde oxidase, which are free radical generating enzymes *in vitro*, but in the high concentration of essential oil its effect did not increase proportionally.
 - 4. Essential oil reduced strongly the formation of lipid peroxides, which

causes cell damages, in a dose-dependent manner *in vitro* and also inhibited lipid peroxidation *in vivo* assay compared to the control group.

- 5. The DPPH radical scavenging effect of essential oil was increased dose-dependently, though its activity was weak.
- 6. Essential oil showed agonistic activity to the GABA_A/benzodiazepine receptor in a dose-dependent manner, however, did not inhibit the binding of an antagonist completely.
- 7. Essential oil lengthened the onset time of convulsion and shortened the convulsion duration in a time-dependent manner.

Above results suggest that the essential oil fragrance exhibits anticovulsive effect on PTZ-treated mice, so this fragrance may useful for the treatement or prevention of convulsion.