

Voice Therapy in the Professional Voice Users

정옥란

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I. Palliation vs. Correction

II. Voice Care for the Professional

1. laryngeal lubrication
2. voice rest
3. voice training
 - 1) reinstatement of voice
 - 2) vocal conditioning

III. Don't-Guidelines for the Professional

IV. Do-Guidelines for the Professional

V. Voice Conservation in Winter

VI. Audible Clues for Potential Voice Problems

VII. Things Which can Cause Problems

VIII. Conclusion